



JR. BREAKFAST & LAG

One Egg. two Bacon strips or two Link Sausages or one Turkey Sausage Patty. Hash Browns, Toast and Jelly. (390-640 cal)

JR. HOTCAKE COMBO

Two Hotcakes and one Egg served with choice of two Bacon strips, two Turkey Bacon strips, two Link Sausages, or one Turkey Sausage Patty. (580-720 cal)

JR. STRAWBERRY &GA9 HOTCAKES

Two Hotcakes topped with Strawberries and Whipped Cream. (600 cal)

JR. ENTRÉES

SOUP (80-200 CAL) OR FRESH GREEN SALAD (20 CAL) ONLY \$2.29 WITH ENTRÉE.

*HALF TURKEY &GAS

Served on Whole Wheat Bread. Does not include Mayonnaise. Served with one side. (180 cal) SIDE ORDERS: *FRESH FRUIT, FRENCH FRIES, MASHED POTATOES & GRAVY OR RICE PILAF. (35-230 CAL)

MACARONI &CHEESE

KRAFT® Macaroni & Cheese, served with one side. (300 cal)

GRILLED CHEESE & GAS SANDWICH

Served on Whole Wheat Bread. Served with one side. (520 cal)

NORMS BURGER

Premium Beef Patty with fresh Lettuce, Tomato, and Pickle Chips on a grilled Bun with NORMS Sauce. Served with one side. (430 cal)

FRIED CHICKEN TENDERS

Breaded, deep-fried all white-meat Chicken Breast Tenders served with Honey Mustard Sauce and one side. (770 cal)

DESSERTS

THRIFTY 149

Single Scoop – ask a server for flavors. (90-120 cal)

ICE CREAM \$2.99 SUNDAE

Your choice of Chocolate or Strawberry topped with Nuts. Whipped Cream & Cherry. (160 cal)



DRINKS

SERVED WITH FREE REFILLS! \$2.69

2% LOW-FAT MILK OR 2% CHOCOLATE MILK LEMONADE, ORANGE OR APPLE JUICE

*HEALTHY ENTRÉES & SIDE ORDERS.
THESE MEET THE AMERICAN HEART ASSOCIATION GUIDELINES.
(SIDE ORDERS NOT INCLUDED IN NUTRITION INFORMATION.)







Time for a face-off! Challenge a family member or friend to a game of rock-paper-scissors, to a best of five. Winner initials each win in the boxes below. May the best hand win!



WHICH BODY PART DO BUTTERFLIES Circle every 10th letter in the word USE TO TASTE THEIR FOOD?

swirl below to find out.



BPLHBNSQTFPJKD

WWYCHQTXF

-Try this at home-

THEIR

Fold an origami flower with a stem!



bees & butterflies can you find on this page?

How many



Flower:

Start with a square piece of paper. Fold the paper in half diagonally into a triangle.



Fold in half and unfold





Fold the left and right corner up.





Fold the edges





Make a small



Stem:



Fold inward from two sides.





Assemble.

Push the flower on the stem.



Fold upwards.

USE DIFFERENT COLORED PAPER AND MAKE A **BOUQUET!**

